

❧ Soups ❧

Soup of the Day
Served Upon Request.
Compliments of the House
with your Entrée

Gazpacho Soup
Served Chilled
6.5

Sopa "Crème de Lagosta"
Lobster Bisque
8.5

❧ Salads ❧

Salada Mista
House Salad
6.5

Salada Arugula, Queijo, Amêndoa & Maça 11
Arugula Salad, Manchego Cheese, Almonds & Apple

Salada Caesar
Caesar Salad
8

Salada Caesar com Peito de Frango Grelhado 11
Grilled Chicken Caesar Salad

❧ Cold Appetizers ❧

Presunto com Queijo
Prosciutto & Chef's Cheese
11

Presunto com Melão
Prosciutto & Honeydew Melon
11

Amêijoas a Natural
Clams on a Half Shell
Dozen 13
1/2 Dozen 9

Cocktail de Camarão
Shrimp Cocktail
15

Asparagus com Molho Vinaigrette
Asparagus in Vinaigrette Sauce
8.5

❧ Hot Appetizers ❧

Camarão ao Alho
Shrimp in Garlic Sauce
14

Cogumelos Recheados
Stuffed Mushrooms
12

Lulas Fritas
Fried Calamari
12

Cogumelos em Molho D'Alho
Mushrooms in garlic sauce
10

Amêijoas em Molho Verde ou Tomate
Clams in Green or Red Sauce
13

Chouriço Portugues ou Espanhol
Grilled Portuguese or Spanish Sausage
11

Mexilhão em Molho Verde ou Tomate
Mussels in Green or Red Sauce
12

Amêijoas Casino
Clams Casino
13

Rissoles de Camarao
Shrimp Cakes
11

Bolos de Bacalhau
Codfish Cakes
11

❧ Children's Menu ❧

Chicken Fingers
with French Fries
9

Penne Pasta
Choice of Marinara Sauce or Butter
8

Popcorn Shrimp
with French Fries
10

Meats & Chops

Mar & Terra	35
<i>Surf & Turf with Rice, Spanish Potato and Vegetables</i>	
Filet Mignon 16. oz	35
<i>With Rice, Spanish Potato & Vegetables</i>	
Sirloin Steak 24. oz	33
<i>With Rice, Spanish Potato & Vegetables</i>	
Cowboy Steak 30. oz	34
<i>With Rice, Spanish Potato & Vegetables</i>	
Costeletas de Porco em. Molho de Alho	21
<i>Pork Chops in Garlic Sauce with Rice, Spanish Potato & Vegetables</i>	
Entrecosto De Porco	Full Rack 21
<i>Baby Back Ribs with Rice & Fries</i>	
	Half Rack 16
Fraldinha de Black Angus	26
<i>Black Angus Skirt Steak with Rice, Spanish Potato & Vegetables</i>	
Bife a Portuguesa	26
<i>Shell Steak "Portuguese Style" in a Gravy Sauce, topped with Ham & Egg</i>	

Veal

Vitela Francaise em Molho de Limão e Vinho Branco	26
<i>Veal Francaise in Lemon & Wine Sauce with Rice, Spanish Potato & Vegetables</i>	
Vitela Marsala em Molho de Vinho e Cogumelos	26
<i>Veal Marsala, Sautéed in Marsala Wine Sauce & Mushrooms</i>	
Vitela Madrilena em Molho de Vinho Branco e Manteiga	26
<i>Veal Madiera in a Butter & Wine Sauce</i>	

Chicken

Peito de Frango Estilo Atlantic Manor	23
<i>Chicken. Atlantic Manor with Rice, Spanish Potato & Vegetables</i>	
Galinha Marsala, Peito de Frango em Molho de Vinho e Cogumelos	20
<i>Chicken Marsala, Sautéed in Marsala Wine Sauce & Mushrooms</i>	
Galinha Piccata, Peito de Frango em Molho de Limão e Alcaparras	20
<i>Chicken Piccata, Chicken Cutlet in White Wine Lemon Sauce with Capers</i>	
Galinha Francaise em Molho de Limão e Vinho Branco	20
<i>Chicken Francaise in Lemon & Wine Sauce</i>	
Peito de Frango em Molho de Alho	20
<i>Chicken breast in a Garlic with Rice, Spanish Potato & Vegetables</i>	
Frango em Molho de Alho	19
<i>Chicken Breast with the bone in a Garlic Sauce with Spanish Potato & Vegetables</i>	
Frango Churrasco	Whole Chicken 16
<i>BBQ Chicken "Portuguese Style"</i>	
	Half Chicken 11